

VOLUNTEER WELCOME PACKET

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Greetings Family Retreat Volunteers!

The Joni and Friends 2015 *Family Retreat* starts this July, and we are excited to meet and serve with you at Lone Tree Ranch. This year's theme is "All Things are Possible" from Matthew 19:26.

"Jesus looked at them and said, "With man this is impossible, but with God all things are possible."."

Our Leadership team is praying for you, and I hope our week together is an incredible time of rest, renewal, encouragement, and fun for the families we will serve! Please also take the time to prepare your heart by completing the pre-camp devotional also attached to this packet. If you have any questions or concerns, please do not hesitate to contact me.

MATTHEW 19:26

See you soon,

Heather Giesler Family Retreat Director Heather@JoniAndFriendsABQ.org (505)822-7925

on the Lister.

Arrival & Departure

- Your arrival/registration time is Monday, July 27th between 3:00 –4:30 p.m. Please arrive on time, which means not too early and not too late. If you arrive early, we won't be ready for you.
- There is an Introduction Meeting at 4:30p.m. (followed by dinner) in the Worship Center.
- Departure is Saturday, August 1st around 11 am after the <u>Closing Ceremony</u>. You will be available to assist your family with packing their car after breakfast. Lunch will <u>not</u> be served this day.

Exciting Events

- Each full-day of camp, we have a fun-spirited theme. Please, feel free to bring attire from home.
 - Wednesday: "Wild West Wednesday".
 - Dress-up examples: boots and hats
 - We'll have bandanas for everyone!
 - Thursday: "Geek Chic" (being a "geek" means never having to play it cool about how much you like something)
 - Dress-up examples: t-shirts that show us something you love (favorite band, movie, superhero, sports team, ect)
 - We'll have geeky accessories and temporary tattoos!
 - Friday: "Fiesta Friday"
 - Dress-up example: Southwestern patterns and sombreros
 - We'll have fun fiesta accessories available!
- Continuing with our daily themes, we will have planned awesome family activities throughout the week.
 - Tuesday: Ice Cream Social
 - Wednesday: Hoedown and S'mores
 - o Thursday: Movie under the stars (animated, inside option also available)
 - o Friday: **Split supper** (you choose: inside=quiet and fancy(ish) or outside=loud and messy)
 - Friday evening will also be our Talent Show. This is a time for the families to show off their giftedness. We would love to see every family represented. You can do an act together, but the family member should be highlighted- not you. Each act has two-three minutes onstage, and they'll be offered the chance to sign up when the families arrive at camp. We are unable to supply items or download songs, music or videos.



What Is Provided

- You will have a family camp-style room which includes beds and private bathroom. Please note: bedding, toiletries, towels, and washcloths are **not** provided.
- All our meals are served family style. There is a refrigerator and microwave in the dining hall available for people that need to make special dietary meals. Also, there will be a salad bar available during lunch and dinner. We do ask that you monitor and bring special foods for yourself if you have special dietary needs.
- Lone Tree Ranch staff will enter your cabins once per day to wipe down your showers, clean the toilets, sweep, clean the sinks, take out trash, and replace toilet paper. This will take place every day after breakfast.
- There is a snack bar and gift shop.
- A fantastic variety of activities are available during activity time. For example, you can enjoy
 horseback riding, rappelling, the Alpine Tower, a 3-Person Giant Swing, the 447-ft waterslide,
 the rifle range, basketball, volleyball, and more.
- Great support and love of Jesus from the Joni and Friends team, and LOTS of fun, fun, fun!!









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What to Bring

- Bring bedding, light blankets, pillows, towels, washcloths, and toiletries for each family member.
- Refillable water bottles, flashlights, and sunblock are a MUST. Camp is just under 7,000ft and the UV rays are very strong here. Please wear TONS of sunscreen and drink plenty of water!
- A sweatshirt or light jacket. Even though it's summer in New Mexico, it can be cool at night. It can also
 get pretty warm during the day, so layering clothing is a good idea.

Acceptable Clothes for CampNot Acceptable Clothes for CampJeansShort SkirtsHiking PantsShort ShortsShorts or Capri pantsFlip-Flops or open toed shoesT-Shirts/Polo ShirtsSpaghetti strap tank-tops

Tennis & Hiking shoes Pants that reveal underwear

All medicine must be administered by a family member. If you need to administer a shot, please bring an
appropriate container for your used needles. Packing some first-aid items such as pain relievers (Advil,
Tylenol), band-aids, and allergy medicine is appreciated. We will have a nurse and first-aid kit available,
but supplies are limited.

Your Bible, journal and pen/pencil.

- Other items you may want to bring.
 - ☐ Camera & batteries
 - ☐ Themed Accessories and outfits

Modest Bathing Suit for waterslide

- Alarm Clock
- ☐ Spending money for incidentals (café, books, DVD, t-shirt, etc.)
- ☐ Talent Show props, instruments, etc.



What NOT to bring:

- Any valuables (we are not responsible for lost or stolen items. Keep them in a safe place or in a locked car.)
- Firearms

Shirts that expose the tummy area

- Alcohol
- Cigarettes or Tobacco (This is a non-smoking facility. Anyone wishing to smoke must smoke inside their own vehicle.)
- Pornography
- Pets

To help maintain Lone Tree's rugged atmosphere, we ask that you would please keep your cell phones turned off.

Anyone found with a weapon, alcohol, drugs, or pornography will be asked to leave the property immediately!

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What to expect as a Short-Term Missionary (STM)



STMs arrive a day early to retreat to receive training before the families arrive. The next day, you will greet your family upon arrival and will be with your family for the remainder of the week. Your job is to serve your family to the best of your ability! You may be assigned to the member of the family with a disability, or you may assigned to one of their younger siblings. STMs are there to ensure that the family is able to relax and have a great time at *Family Retreat*.

You will make arrangements to meet your family before breakfast to begin each day. During the day, you will go with your assigned camper to the designated areas.

Family Interview

Soon after you meet your family, you will interview them to get to know your camper and their family so you can better understand how to serve them. We will provide you with some questions that will be a starting place to gain insight on how to best assist your family to make their stay more comfortable and fun. Please remember that any information shared with you is to remain confidential.

Healthy Boundaries

Below are the established boundaries for you and your families:

- STMs are not required to help with personal care needs (toileting, catheter, etc).
- STMs are not to go into your room (except to carry bags in or out).
- STMs are not to administer medication of any kind.
- There is a scheduled time when you are "off-duty." During that time, the STM will <u>not</u> be with the family. Please make arrangements to meet with them after your break time.

Overall, the families expect love, kindness, and care from their STM! You have willingly chosen to serve these families and we want you to enjoy your week to the fullest! If you have any concerns or problems, please talk to your Retreat Director or Family Coordinator.